

PE and School Sport Action Plan Warbstow School 2018–2019

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

Funding - Individual schools will receive circa £16k-£17k per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The tota	ıl funding for the academic year	2018/19	Funding allocated - £16,800K
Lead Mo	ember of Staff – Perdi Sobey	2018/2019	Advisory Member – Mr R Gough and Mr M Brooks
Total fur	nd allocated - £16,800	To be Updated – Jan -M	arch 2019



Key achievements to date:

- Entered cross country league which up to 60 % of juniors attended. KI5
- 16% of runners qualified for area race and boys winning county final.KI5
- County athletic winners/ large team participationKi5
- School team entered and won the local area athletics competition. Winning both small schools and large schools Trophy.KI5
- We won the Bude life boat trophy for the largest percentage of pupils competing.KI5/KI4
- Infants entered a mini football league KI5/4
- Less able/lacking confidence attended a gymnastics festival and subsequently joined a local club KI5/4
- Ran some intra schools football/ netball comp. KI5/4
- Bikeability for various ages KI4
- Increased swimming provision, outstanding achievements from all in swimming. On average each yr 6 child swimming 1000m KI/4
- Ks1 residential with outdoor pursuits. Walked a staggering 10 miles. K4
- Hosted annual fun run and large team races with local schools. K4/5
- Timetabled wild tribe sessions. KI3
- High proportion of children continue to benefit from the Plymouth Argyle training with many selected for further training. K4
- Football team winning local Area Tournament K5
- Whole school daily mile has been timetabled in and has been well received by staff and pupils. K1

Areas for further improvement and baseline evidence of need:

- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg active maths/active classrooms and ensure a range of programmes are on offer.
- To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.
- To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity.
- To upskill pupil leaders within the school to promote health and wellbeing.
- To introduce clubs designed to appeal to pupils less involved in sports clubs. Funky Dance and Gymnastics club.
- To increase the number of children taking part in a competitive sports programme.
- To develop an intra competition programme to increase the number of children competing within the school to include the arena monthly challenge.
- To increase the number of alternative sports delivered in the curriculum and after school.
- To develop a track around the school field which can be used for bikes, scooters, walking and running to increase daily physical activity.
- To ensure all pupils are taking part in movement breaks throughout the day.



Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

school children undertake at least 30 minutes of physical activity a day in school				
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps	
To purchase equipment to increase activity at playtimes and lunchtimes. To support playground leaders and ensure children are active.	£1000	Record Total No of pupils over a term now taking part in regular playtime activities.	Update other areas of the playground and investigate a trim trail for the field. Succession planning – yr 5 work with current yr 6s	
Purchase of4/ 6 balance bikes for the EYFS children	£400	Equipment to be purchased and used to support delivery of physical activity.	To be used and delivered on a weekly basis. All EY children to be confident riders	
Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children have access to a high quality experience in PE.	£650	Clear action plan in place which has evidenced pupil voice. Phase one of the	Continue to train playground leaders to ensure delivery can continue.	
Deliver fun fit x 2 sessions per week to ensure children have the opportunity to access to a physical literacy programme.	£500	plan implemented with an increase in the number of children engaged in the playground. 5 % increase in	Maintain a log of equipment and put a replacement budget in place.	
Develop a 30-minute timetable to include activities which are delivered by playground leaders ad which can be delivered in class – Active School planner – identify times in the day to bring activity into lessons		the number of pupils physically active and engaged on a daily basis in the playground. Staff inset, filled in an active time table for the school.	Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area. Encourage the children to develop	
Investigate the use of active maths as a tool to raising standards in maths and engaging children in active learning. Pilot in infants – speak to Aspire	£175		their own sugar smart blasts. Review active maths programme and extend to active literacy.	



school that use M o T D			
Playground leaders in yrs 5 and 6 to start the			Ensure there is a rotation of activities
delivery of playground leadership.		25 leaders trained and	to continue to engage the children.
		delivering the programme	
	Staff time	on a daily basis on a rota.	Review playground leaders
		Promoting physical activity	programme. Introduce health and
Playground Buddies working with parents and		and sugar smart awareness	well- being week.
children. A workshop will be delivered to promote		across the school.	Investigate a health and well-being
physical activity healthy snacks and healthy lunch			week for the children.
boxes.		playground leaders working	
		actively with parents to	Investigate gaining healthy schools
		promote physical activity	accreditation.
To develop a running club to encourage children		and	
		No. of children running on a	
Track - membrane to be laid /Trim trail/ Bike trail	£5000-10000	weekly basis	Ready-made running course local
Playdale ?			to school. Incorporate Maths?
Balance ability and level 1 to be introduced to	£225 top up for	A range of activities in	
pupils in reception and years 3 and 4 for level 1. 1	bikeability 2	place to increase the	
free course with arena	further courses	number of children active	
	1 balance I	for 30 mins. All children in	
	level 1	year3//4 and foundation	
		now able to ride a bike with	
		confidence.	
		5% increase in the number	
		of children taking part in	
		innovative physical	
		challenges on a daily basis.	
		Children understand the	
		principles of sugar smart	



and how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity
and healthy active life styles

Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Continue to develop playground leaders with the support of Mrs Harvey/Mr Turnham	Co-ordinator time/	15 Playground leaders delivering activities on a daily basis raising the profile of physical activity.	Continue to provide sports leadership opportunities for children to develop life skills and link to whole school values.
	Arena		
To develop a sports council for the school to raise the profile of PE and school sport. To consider introducing a one day Arena sugar smart leader course to raise the profile of sugar smart and physical activity across the school. To allocate roles for collecting data based on participation in clubs and sports.	membership	8 pupils a member of the Sports council. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school	Continue to develop and extend opportunities for the sports council whole school.
	£50 maths	sport.	
	pack		
Investigate active maths/active literacy through the use of raccoon circles, active maths	£75 – training		Continue to up skill staff in the delivery of active classrooms and learning in the outdoors.



Membership of the Youth Trust to continue to upskill subject leader and teachers and attendance at conference.	£700 YST membership	Celebration assemblies delivered once a half term with a focus on achievement in PE and	Continue to find interesting and
2 days supply cover to attend conference	£400	school sport which has raised profile with parents	innovative ways of celebrating sports achievement.
Development of notice boards in school to raise the profile of PE and School Sport for all visitors and		and pupils.	
pupils – achievement notice boards.	Resources	Pupils celebrated receive house points in assembly	
Celebration assemblies to recognise and reward achievement in PE and school sport.			

Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
CPD training for staff to include gym, dance, swimming and other courses	Arena membership £425	Inclusive PE curriculum which up skills teachers and pupils. 5 staff trained in gym and	Build into future inset training whole school training in PE and school sport.
		dance.	Staff to deliver inset training to whole school on key elements.
1 member of staff to attend Wild Tribe outdoor learning training to develop skills in the delivery of outdoor learning.	Wild Tribe course x 1 £235 Supply cover x 2 days - £350	Coaches used as role models to target pupil groups. More children encouraged to attend after school clubs	
	Arena		



Attendance at the Cornwall P.E conference and inspire network meetings	membership Inspire		Continue to support the development of subject leadership whole school.
Employment of a specialist coaches and a sports apprentice to upskill staff and deliver PE and school sport. (Pirates and Plymouth Argyle)		Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.	Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.
Membership of the Youth Trust to continue to upskill subject leader and teachers and attendance at conference. 2 days supply cover to attend conference	YST membership	Children understand where they are in their learning and what their next steps are. Parents are aware of the progress their children are	Opportunities created for PE knowledge to be shared whole school.
Swimming recorded as separate progress chart on reports. Purchase badges and certificates.	£100	making in PE and school sport.	

Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Investigate look at alternative sports/school	£160 arena team building	Successful day delivered going to be developed as an after school club.	Continue to broaden the range of alternative sports delivered.
Set up Gymnastics club after school			Make a sustainable club for the future



Introduce street dance in curriculum time and as an after school club. After school club set up to engaged children who do not engage in team sports. – Dance/ street dance in summer term.	£500	Increase 10% of disengaged pupils now involved in sporting activities on a regular basis. New club set up to engage	Wider range of opportunities will continue to be offered to engage disengaged pupils.
Rugby coaching Pirates Watersports camps ect	ТВС	children who prefer non games based sports. Increase in the number of girls attending an after school club.	Needs of target groups continue to be addressed.

Key Indicator 5 : Increased participation in competitive sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To compete in the xxx cluster competitions		Working in partnership to increase participation and	Year on year increase of the number of children taking part in
X country league, to be inclusive of as many as possible		success in competition. Increased participation	competition.
Whole school fun gala with local school Ks2 Whole school fun run Ks1/Ks2 Transport to avante and accompatitions	£500	100% participation!	% increase in the number of children taking part in level 2 and 3
Transport to events and competitions Kwik cricket comp		% increase in the numbers of pupils participating in competitive opportunities	competitions.
Investigate entry into open level 2 competitions.		within school.	
Introduce Arena monthly challenge.		% increase in the numbers of pupils participating in	
Intra competitions house/football/netball/rugby/		competitive opportunities	
lead by play leaders – variety of activities		against other schools.	Investigate inter school biathlons.
Bi annual Biathlon open to KS2	£100	No of children on waiting list	Enter nationals as previously.



Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.	Xx increase in the number of children who can swim 25 metres.	Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.
Rookie Lifeguard award	Stuart/ lifeguard station	
Meeting national curriculum requirements for swimming and	water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competent at least 25 metres when they left your primary school at the e	100%	
What percentage of your Year 6 pupils could use a range of st backstroke and breaststroke] when they left your primary sch	100%	
What percentage of your Year 6 pupils could perform safe self when they left your primary school at the end of last academi	100%	
Schools can choose to use the Primary PE and Sport Premium but this must be for activity over and above the national cur way?	Yes	

Total funding allocated to date –

Total funding to be allocated -

Total funding - £16,000