

Literacy

Reception:

Mark making – focusing on new sounds
letter formation. Recognise names. Write
letters of first name. Introduction to Read,
Write, Inc Phonics, learning to read and
write Set 1 sounds.

Enjoying stories and rhymes together.

Nursery:

Recognising and tracing own name/initial
letter. Begin to write letters of own name.

Sound Awareness activities.

Rhymes and stories.



Favourite Books:



What makes me Special? What is special about the changes that happen in Autumn?

Paddington Class – Autumn 1 2025

Value: Kindness

PE – Multi movements: walk, run, jump,
hop, skip, sidestep, crawl, over, under
Gross motor – Large blocks, planks etc.
making obstacle courses. Running, jumping,
balancing, travelling.

Forest Friday activities.

Dough Disco and Squiggle while you Wiggle.

Fine motor – Pencil tripod grip with focus
on letter formation and relative size,
dough to strengthen fingers, cutting with
scissors

Understanding the World

RE – Being Special – Where do I belong?

Talking about myself, my family and my home and
community.

Autumn – Seasonal changes

Forest Friday – Visit the woods, behaviour expectations,
notice changes over time

PSED

All about Me!

Settling into Reception/Nursery.

Expectations and boundaries.

Who to go to if worried/upset/hurt

Growth Mindset activities

Zones of Regulation and feelings related to
Colour Monster.

Expressive Art and Design.

Retelling stories through role play.

Nursery Rhymes and action songs such as
'Heads, Shoulders, Knees and Toes'.

Exploring primary colours using paint.

Music

-Charanga Music Scheme: 'Me'

Maths

Reception:

Getting to know each other, exploring
number and composition to 5.

Counting rhymes.

Match, sort and compare

Nursery:

Colours: Red, blue, yellow, green. Matching
and sorting activities.