



Warbstow Primary Academy and Nursery

Small and mighty is the Warbstow Way

Head of School – Mr J Pritchard

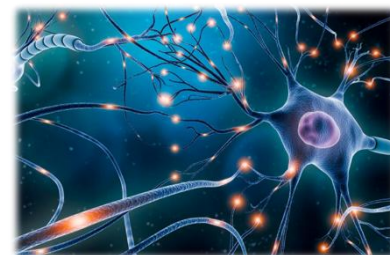
13th March 2026

Dear Warbstow Families

Firing and Wiring together

Our 'Small and Mighty' community continues to demonstrate an incredible appetite for growth. This week, we explored the extraordinary concept of neuroplasticity—the brain's remarkable ability to physically change, adapt, and strengthen through deliberate practice and effort. We have discussed how every time our pupils embrace Resilience or Curiosity in the face of a challenge, they are quite literally rewiring their minds for success.

To put the sheer scale of this neuro plastic potential into perspective, the human brain contains approximately 100 billion neurons, each capable of forming thousands of synaptic connections. This means the internal 'universe' of a child's mind is every bit as vast and full of wonder as all of the stars in the Milky.



When the Bell Rings!



In practice, we have seen this demonstrated in our daily routines. By consistently practising new procedures for coming in from the playground, our children are strengthening the neural pathways required for calm and purposeful transitions. As these movements from lunchtime back into the classroom are becoming second nature and improving, it creates a more settled environment

for everyone. In the world of neuroscience, it is often said that '**neurons that fire together, wire together**', and our pupils are proving this true every single day.

Cross Country Success

We would like to offer an enormous congratulations to our cross-country team following their fantastic performance at the recent cluster event. Every single child who took part ran with incredible courage and speed, representing Warbstow with true 'Small and Mighty' spirit. Their resilience on the course was a joy to behold, and we are immensely proud of their collective effort.

A heartfelt well done to everyone who participated, and we look forward to seeing how those children who qualified for the Trust event will do on 26th March. We know they will continue to be Ready, Respectful, and Safe as they move forward together into this next challenge.

Living the Warbstow Way



Nursery Places Available – Summer Term

Looking for a warm, nurturing start to your child's learning journey? Our Warbstow Nursery has places available for the Summer Term. The Paddington team will welcome your child with care, inspiring activities, and plenty of opportunities to explore, play, and grow!

Get in touch to secure your child's place via hello@warbstow.org.uk or complete the [Aspire Nurseries Expression Of Interest](#)

Key Dates

19th March – Year 4 Farm and Country Day

20th April – PTA Bingo at The Wilsey Down

25th – 29th May – Half Term

5th June – Community Cohesion Day – school closed to pupils

24th – 26th June – Year 5 and 6 Residential

24th July – Summer Break

Third Party Disclaimer

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Cornwall
Wildlife Trust



Cornwall Partnership
NHS Foundation Trust

MHST Wild Wellbeing

MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session in Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session

EXTRA SITES!!!

Each session will last approx. 2 hours

ALERT!

Locations and dates:

07 April - Golitha Falls

07 April - The Gardeners House, Penzance

07 April - Lanhydrock House

14 & 15 April - Penrose Estate

16 April - St Ives Community Orchard

16 April - Tehidy Woods

All sessions will begin at 10am. Please wear weather appropriate clothing!



To request a place, complete the online form

<https://forms.office.com/e/CdbKBnMH0q>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:

[Cornwall Mental Health Support Team \(MHST\)](#)



Hop on over for our



EASTER

Holiday Programme

Monday 13th, Tuesday 14th,
Wednesday 15th and Thursday 16th April

9:00am - 2:00pm

Stratton Primary School

Includes a light breakfast and lunch with
hot and cold options.

Activities

Multi-sport * Music * Art & Craft * LEGO
* Maypole Dancing * Cookery * Bikeability

Cost

£30.00

£10 if you live/ go to school in Bude or Stratton.
FREE for Free School Meals - [Claim voucher here](#)

Book online here:



<https://tinyurl.com/323nh3fa>