

Pre School

Health and Wellbeing > Healthy Lifestyles

Lead lesson 1 with related activities and enhancements: Feel your heart go pumpety pump

Lead lesson 2 with related activities and enhancements: Food for energy

Lead lesson 3 with related activities and enhancements: Sleep tight

Lead lesson 4 with related activities and enhancements: Clean Teeth

Lead lesson 5 with related activities and enhancements: Washing hands

Relationships > Feelings and Emotions

Lead lesson 6 with related activities and enhancements: There's no one quite like me!

Reception

Health and Wellbeing > Healthy Lifestyles

Lead lesson 1 with related activities and enhancements: Move your body

Lead lesson 2 with related activities and enhancements: A good night's sleep

Lead lesson 3 with related activities and enhancements: Scrummy snacks

Lead lesson 4 with related activities and enhancements: Sleepover

Lead lesson 5 with related activities and enhancements: Hold on Harold!

Lead lesson 6 with related activities and enhancements: I'm sad sometimes

Me and My Relationships > All about me

All about me

What makes me special

Me and My Relationships > My Special People

Me and my special people

Who can help me?

Me and My Relationships > My Feelings

My feelings

My feelings (2)

Valuing Difference > Same and Different

I'm special, you're special

Same and different

Valuing Difference > Different Families and Homes

Same and different families

Same and different homes

Valuing Difference > Kindness and Caring

Kind and caring

Kind and caring (2)

Keeping Myself Safe > Keeping my Body Safe

What's safe to go onto my body

Keeping Myself Safe - What's safe to go into my body (including medicines)

Safe indoors and outdoors

Keeping Myself Safe > Listening to my Feelings

Listening to my feelings (1)

Keeping Myself Safe > People who Help Keep me Safe

Keeping safe online

People who help to keep me safe

Rights & Responsibilities > Looking after Myself and my Friends

Coming soon! Six half-termly plans on this theme. [Click here for details...](#)

Being my Best > Bouncing Back (growth mindset)

Bouncing back when things go wrong

Yes, I can!

Being my Best > Healthy eating

Healthy eating (1)

Healthy eating (2)

Being my Best > Exercise and Sleep

Move your body

A good night's sleep

Growing & Changing > Changes

Seasons

Life stages - plants, animals, humans

Growing & Changing > Life Stages

Life Stages: Human life stage - who will I be?

Where do babies come from?

Growing & Changing > Changing bodies

Getting bigger

Me and my body - girls and boys

Y1

Health and Wellbeing > Healthy Lifestyles

Eat well

Our feelings

Harold's wash and brush up

Catch it! Bin it! Kill it!

I can eat a rainbow

Healthy me

Super sleep

Health and Wellbeing > Keeping Safe

Harold loses Geoffrey

Who can help? (1)

Harold's school rules

What could Harold do?

Health and Wellbeing > Growing and Changing

Harold learns to ride his bike

Then and now

Inside my wonderful body!

Keeping privates private

Taking care of a baby

Relationships > Healthy Relationships

Surprises and secrets

Good or bad touches?

Unkind, tease or bully?

Who can help? (2)

How are you listening?

Pass on the praise!

Sharing opinions: cross-curricular skills

Relationships > Feelings and Emotions

Thinking about feelings

Harold has a bad day

Who are our special people?

Feelings and bodies

Relationships > Valuing Difference

It's not fair!

Good friends

Same or different?

Living in the Wider World > Rules, Rights and Responsibilities

Why we have classroom rules

Taking care of something

Our special people balloons

Basic first aid

Living in the Wider World > Caring for the Environment

Around and about the school

Living in the Wider World > Money

Harold's money

How should we look after our money?

Y2

Health and Wellbeing > Healthy Lifestyles

My day

Harold's bathroom

Harold's postcard - helping us to keep clean and healthy

My body needs...

What does my body do?

Health and Wellbeing > Keeping Safe

How safe would you feel?

What should Harold say?

Harold's picnic

Respecting privacy

Health and Wellbeing > Growing and Changing

You can do it!

Sam moves house

Haven't you grown!

My body, your body

Relationships > Healthy Relationships

Should I tell?

Solve the problem

A helping hand

I don't like that!

Bullying or teasing?

Don't do that!

Types of bullying

Some secrets should never be kept

Feeling safe

Sharing opinions: cross-curricular skills

Relationships > Feelings and Emotions

How are you feeling today?

How do we make others feel?

My special people

Being a good friend

Let's all be happy!

Fun or not?

Relationships > Valuing Difference

An act of kindness

What makes us who we are?

Living in the Wider World > Rules, Rights and Responsibilities

Our ideal classroom (1)

Our ideal classroom (2)

When I feel like erupting

When someone is feeling left out

Getting on with others

Basic first aid

Living in the Wider World > Caring for the Environment

How can we look after our environment?

Living in the Wider World > Money

Harold saves for something special

Harold goes camping

Y3

Health and Wellbeing > Healthy Lifestyles

Derek cooks dinner! (healthy eating)

Poorly Harold

Body team work

Health and Wellbeing > Keeping Safe

The Risk Robot

Safe or unsafe?

Helping each other to stay safe

Getting on with your nerves!

Alcohol and cigarettes: the facts

Help or harm?

None of your business!

Raisin challenge (1)

Health and Wellbeing > Growing and Changing

My special pet

Top talents

I am fantastic!

My changing body

Relationships > Healthy Relationships

Tangram team challenge

Looking after our special people

Danger or risk?

Body space

How can we solve this problem?

Friends are special

Zeb

Relationship Tree

Relationships > Feelings and Emotions

Secret or surprise?

Dan's dare

Relationships > Valuing Difference

Family and friends

Respect and challenge

Let's celebrate our differences

Living in the Wider World > Rules, Rights and Responsibilities

As a rule

Our friends and neighbours

For or against?

Thunks

Recount task

Super Searcher

Basic first aid

Living in the Wider World > Caring for the Environment

Let's have a tidy up!

My community

Our helpful volunteers

Harold's environment project

Living in the Wider World > Money

Can Harold afford it?

Earning money

Y4

Health and Wellbeing > Healthy Lifestyles

Making choices (formerly Ed6 Learns to be human)

SCARF Hotel

Health and Wellbeing > Keeping Safe

Danger, risk or hazard?

Who helps us stay healthy and safe?

Picture Wise

Keeping ourselves safe

Know the norms (formerly Tell Ed6)

Medicines: check the label

When feelings change

Under pressure

Raisin challenge (2)

Health and Wellbeing > Growing and Changing

An email from Harold!

Moving house

My feelings are all over the place!

All change!

Period positive

Relationships > Healthy Relationships

Ok or not ok? (part 2)

Ok or not ok? (part 1)

Islands

Human machines

Can you sort it?

Together

Relationships > Feelings and Emotions

Different feelings

Secret or surprise?

How dare you!

Relationships > Valuing Difference

Friend or acquaintance?

What would I do?

What makes me ME!

Living in the Wider World > Rules, Rights and Responsibilities

How do we make a difference?

In the news!

The people we share our world with

Safety in numbers

That is such a stereotype!

It's your right

Basic first aid

Living in the Wider World > Caring for the Environment

Logo quiz

Volunteering is cool

My school community (1)

Harold's Seven Rs

Living in the Wider World > Money

Harold's expenses

Why pay taxes?

Y5

Health and Wellbeing > Healthy Lifestyles

Smoking: what is normal?

Getting fit

It all adds up!

Health and Wellbeing > Keeping Safe

'Thinking' about habits

Jay's dilemma

Independence and responsibility

Spot bullying

Communication

Our emotional needs

Would you risk it?

Being assertive

Drugs: true or false?

Decision dilemmas

Would you...?

Health and Wellbeing > Growing and Changing

Different skills

How are they feeling?

Growing up and changing bodies

Star qualities?

Dear Hetty

Changing bodies and feelings

Help! I'm a teenager - get me out of here!

Relationships > Healthy Relationships

It could happen to anyone

Taking notice of our feelings

Collaboration Challenge!

Give and take

Relationship cake recipe

Stop, start, stereotypes

Relationships > Feelings and Emotions

How good a friend are you?

Dear Ash

Ella's diary dilemma

Is it true?

Relationships > Valuing Difference

Qualities of friendship

Kind conversations

Living in the Wider World > Rules, Rights and Responsibilities

Local councils

What's the story?

Fact or opinion?

The land of the Red People

Basic first aid

Living in the Wider World > Caring for the Environment
Rights, responsibilities and duties

My school community (2)

Mo makes a difference

Living in the Wider World > Money

Spending wisely

Lend us a fiver!

Y6

Health and Wellbeing > Healthy Lifestyles

Five Ways to Wellbeing project

I look great!

We have more in common than not

What is HIV?

Health and Wellbeing > Keeping Safe

It's a puzzle

Rat Park

What sort of drug is...?

Think before you click!

Traffic lights

What's the risk? (1)

Drugs: it's the law!

Alcohol: what is normal?

Joe's story (part 1)

Joe's story (part 2)

What's the risk? (2)

To share or not to share?

Pressure online

Health and Wellbeing > Growing and Changing

Is this normal?

Helpful or unhelpful? Managing change

Boys will be boys? - challenging gender stereotypes

This will be your life!

Media manipulation

Making babies

Relationships > Healthy Relationships

Solve the friendship problem

Working together

Let's negotiate

Behave yourself

Assertiveness skills (formerly Behave yourself - 2)

Don't force me

Acting appropriately

Relationships > Feelings and Emotions

Dear Ash

Dan's day

Relationships > Valuing Difference

Advertising friendships!

Respecting differences

OK to be different

Living in the Wider World > Rules, Rights and Responsibilities

Captain Coram 1 - Gin Lane: children's rights in the 18th century

Captain Coram 2 - Thomas Coram and the Foundling Hospital

Captain Coram 3 - Funds for Foundlings: 18th century artists raise money for the 1st children's charity

Captain Coram 4 - Hetty Feather, fictional foundling: children's rights in the 19th century

Captain Coram 5 - Life for Foundlings in the 20th century

Captain Coram 6 - Coram today: children's rights in the 21st century

Our recommendations

Two sides to every story

Fakebook friends

Tolerance and respect for others

Democracy in Britain 1 - Elections

Democracy in Britain 2 - How (most) laws are made

Basic first aid

Living in the Wider World > Caring for the Environment

Project Pitch (parts 1 & 2)

Community art

Action stations!

Happy shoppers

Living in the Wider World > Money

What's it worth?

Jobs and taxes

Health and Wellbeing > Healthy Lifestyles

RELATIONSHIPS EDUCATION - Teacher Resources: guidance documents and training films

SCARF Early Years resources cupboard

SCARF Assembly: Introducing SCARF

Health and Wellbeing > Keeping Safe

SCARF Assembly: S is for Safety

Relationships > Healthy Relationships

SCARF Assembly: C is for Caring

Relationships > Feelings and Emotions

SCARF Assembly: A is for Achievement

Health and Wellbeing > Growing and Changing

SCARF Assembly: R is for Resilience

Relationships > Healthy Relationships

SCARF Assembly: F is for Friendship