



Warbstow Primary Academy

Head of School: Mr S Ellis

Dear Parent/Guardian

We are delighted to inform you that Warbstow has entered the **Cornwall Virtual School Games Practical Competition!** This is a fantastic opportunity to take part in a team and represent your school.

The competition will start on Monday and will run throughout all of next week, each day will be a different activity. The activities have been designed so that everybody can take part using the resources you have at home. Our target is to get at least 50 children from Warbstow to take part, you can choose which activities you would like to do. Some people may like to do one activity, some people may like to do all of the activities. It is up to you. We would like as many people as possible to join in and represent our fantastic school.

What are the activities?

Monday 22nd – Athletics
Tuesday 23rd – Bowls/Boccia
Wednesday 24th – Gymnastics
Thursday 25th – Ball Sports
Friday 26th – Tennis

How do participants score points?

Children and young people can score points by completing activities which combine together to make a total for their year group – the more they complete, the more points they will get for their school, so encourage them to get stuck in to as many of the challenges as they want!

As well as scoring points through completing the activities, we are also looking out for other ways to reward those who are taking part in the Virtual Games. Here are alternative ways participants can gain points for their school:

-Bonus points can be achieved by tagging us on Facebook @CornwallSchoolGames with any of the following:

- 1 point for a photo of you completing a challenge
- 1 point for every family member and year group teacher who tries the challenge in the photo
- 1 point for completing it in fancy dress
- 1 point for posting a video telling us how you have engaged with one of the 5 Ways to Wellbeing: Take Notice, Be Active, Give, Connect & Keep Learning.

It is important participants remember to include their name, year group and school name so we know who to give the extra points to!

How do participants submit their results?

- Individual participants should fill in the Cornwall Virtual School Games results form that I will send out to them each day of the week via Google classroom.

T: 01566 781388

E: hello@warbstow.org.uk

W: www.warbstow.org.uk

Warbstow Primary Academy, Warbstow, Launceston, Cornwall PL15 8UP

A Company Limited by Guarantee. An Exempt Charity

Registered in England & Wales - Company No. 07387540

Registered Office: Aspire Academy Trust, Unit 20, St Austell Business Park, St Austell, Cornwall PL25 4FD





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- The results form for that day should be filled in by 9am the following day at the latest. For example, Monday will be athletics challenges. Participants should complete their challenges and then submit their score using the results sheet before 9am on the Tuesday.
- There is also a daily scoring section to submit results for the 'Making up the Mile' challenge which runs throughout the week. Scores for this challenge should be submitted daily alongside the sport-based challenge of the day.
- Any results that are not submitted on the correct day or after the closing deadline will not count

Can the students practice before next week?

Absolutely! If you click on this link, it will take you to the page which has all of the sports there. Click on each one and you will open up a guide sheet, this also contains a short video to show exactly that they need to do!

<http://www.activecornwall.org/cornwallschoolgames/the-virtual-games>

Or hopefully through the links below...

Cornwall Virtual School Games: Activities

- Athletics: [Speed Bounce](#)
- Athletics: [Standing High Jump](#)
- Athletics: [Standing Long Jump](#)
- Bowls: [Knock'em Down](#)
- Bowls: [The Target](#)
- Dance: [Hip Hop](#)
- Gymnastics: [A Sequence](#)
- [Making up the Miles!](#)
- Tennis: [Target Shooting](#)
- Tennis: [Continuous Rally](#)

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- Tennis: [Continuous Volley](#)
- Volleyball: [The Serve](#)
- Volleyball: [Hot Potato](#)
- Volleyball: [Flick & Catch](#)

[Cookies](#)

Remember, the more people that take part, the more points Warbstow receive, so this really is fun for all of the family! Please get involved!

Kind Regards

Perdi Sobey
P.E coordinator.

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